Blake's Ice Cream

TOPSY-TURVY TUR LE

Nutrition Facts

Serving size 1/2 Cup (71)
Servings per container 16

Amount Per Serving	
Calories 160	Calories from fat 90
	% Daily Values
Total Fat 10g	15%
Saturated Fat 5g	8%
Trans Fat 0g	
Cholesterol 30mg	44%
Sodium 75mg	115%
Total Carbohydrates 17g	26%
Dietary Fiber 1g	1%
Sugars 15g	
Protein 2g	

Vitamin A 5%	Vitamin C 8.06632		
Calcium 7%	Iron	1%	

May contain: Milk, Eggs, Tree Nuts
Peanuts, Wheat and/or Soy

* Percent Daily Values are based on a 100
calorie diet. Your daily values may be h her
or lower depending on your calorie nee s

	Calories	2,000	,500
Total Fat	Less than	65g	0g
Saturated Fat	Less than	20g	0g
Cholestrol	Less than	300mg	0mg
Sodium	Less than	2400mg	00mg
Total Carbohydrates		300mg	75mg
Dietary Fiber		25g	0g

Ingredients: Milk, cream, sugar, corn s up, whey,
mono and diglycerides, guar gum, pol orate 80,
carrageenan/ Corn syrup, sugar, wate non-fat
milk solids, molasses, butter, whey, c amel color,
vanilla, annatto color, natural flavor ar salt/Corn
syrup, water, sugar,
high fructose corn syrup, Cocoa, parti y
hydrogenated soy bean oil, modified fo d starch
(corn), chocolate liquor, mon and digl erides,
[illegible] ns, vanilla, natural flavo citric acid
and potassium sorbate/Pecans, Cottor eed and/or
partially hydrogenated soybean Oil, bu er, Salt
Ingredients

HALF GALLON (1.89L)

Manufactured by Blake's Creamery, Manchester, NH

Plant 33-11 20153